

Orange County Buddhist Church
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Orange County Buddhist Church

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Wisdom and Compassion of Amida Buddha

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Buddhist Psychology of Self-Transformation (2) – Buddhist Perspective on the Causes of Violence: Considering Karma –

Loving-Kindness (Metta) Meditation

May all beings be happy and well,
May no harm or difficulties come to them,
May they live in peace and harmony.

May I be happy and well,
May no harm or difficulties come to me,
May I live in peace and harmony,

May my family be happy and well,
May no harm or difficulties come to them,
May they live in peace and harmony.

May my teachers be happy and well,
May no harm of difficulties come to them,
May they live in peace and harmony.

May my friends be happy and well,
May no harm of difficulties come to them
May they live in peace and harmony.

May strangers be happy and well,
May no harm or difficulties come to them,
May they live in peace and harmony.

May my enemies be happy and well,
May no harm or difficulties come to them,
May they live in peace and harmony.

May all beings be happy and well,
May no harm and difficulties come to them,
May they live in peace and harmony.

Hi, OCBC sangha! I hope you are staying safe and well. Another violence erupted in the Middle East. We now face two battles on this earth. How sad and unfortunate it is! No matter what the reasons are, losing so many lives including innocent civilians even small children and babies is heartbreaking. We all need to recite the Loving-Kindness (Metta) Meditation, and ponder the Buddhist perspective on the causes of violence and think about the true peace.

Love and Hate Syndrome and Its Mechanism

Thinking about our everyday life, our mind swiftly travels between love and hate. Once we begin to hate someone or something, that hate will grow by itself. Encounters with unpleasant things produce feelings of gloom. Human relationships, with all of their inevitable troubles, create stress. Yokoyama Sensei, the Buddhist Yogacara

(Representation Only) scholar, says that all these things happen because the grosser levels of mind deposit effects within the deeper layers of the mind. In other words, our gross* thoughts exert karmic influences over us. Advocates of the Representation Only school argue that these karmic influences are planted in the store consciousness. They therefore call these karmic impressions “seeds” (bīja).

*gross: The mind is divided into the gross mind, the subtle mind, and the very subtle mind. The gross mind depends on the body. As soon as body functions stop, gross mind stops. The subtle mind, which underpins the five senses, provides information to the very subtle mind.

The karmic seeds we carry within ourselves are responsible for our habits (vāsanā), the behaviors we acquire by repeated action or by training. To understand the idea of training, picture a young bird attempting to fly by repeatedly flapping its little wings while watching its mother fly. In just this way, residual feelings are traces of repeated actions and are impressed upon the deepest layers of the mind, where they form seeds that become the bases of our engrained habits. Here is another example, if you place a sachet of lavender in drawers, your garments absorb the pleasant aroma – just like good actions of our gross mind slowly permeate the deep layers of the mind, leaving behind lingering trances that become habits. Our thoughts and actions imbue habits.

Thoughts and actions at the surface level of our mind necessarily leave impressions or plant seeds deep within the mind of the store consciousness. In the future, these seeds will sprout and bloom, in turn, into that outer mind. This ongoing series of causes and effects form a cycle in the mind, which we call “dependent origination from the store consciousness” (ālaya-vijñāna-*pratityasamutpada*). *This complex term is not meant to be just a piece of technical jargon that we learn to throw around. It is actually an important ethical principle. We should spend some time reflecting on the way in which our superficial thoughts and actions leave impressions in the deeper layers of our unconscious selves and then bubble up again to affect how we think and act later. We must understand that the mind does indeed work according to this principle of dependent origination. This simple insight becomes the basis for real personal transformation in our daily lives. Shinran expresses this in the following verse (Hymns of Pure Land, CWS I, p.357), explaining how deep joy in receiving the Amida Buddha’s vow efficacy permeates among people who become the Nembutsu people:*

*Such beings are like people who, imbued with incense,
Bear its fragrance on their bodies;
That may be called
Those adorned with the fragrance of light.*

Winning The Unfair Game



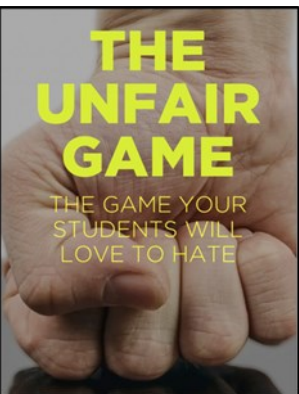
After our Obon festival and prior to Labor Day weekend, we go into what we call our summer schedule. This is usually about 6 weeks long. Each Sunday during that time we have a Zoom service at 10am. This is called our **Zoom Summer Dharma**. We record each one and then post it to the OCBC YouTube channel. This summer the number of YouTube views was quite good.

Then, on the first Sunday after Labor Day, we return to in-person services, also recorded and posted to YouTube.

But there is still one more milestone prior to our return to regular in-person services. It is the Labor Day weekend **Southern District Jr YBL Conference**. This year it was held at the Gardena Buddhist Church and was also sponsored by the Nishi temple. Ninety high school students attended, forty of whom were from OCBC.



There is an opening service, photos, presentations and workshops with a formal banquet and dance that evening at a nearby hotel. I was able to attend that Saturday. It was nice to see everyone, network and attend the workshops, which are designed and run by the students. There is also a great hospitality room with all sorts of snacks and drinks.



One of those workshops has really stuck with me. It was called **The Unfair Game**. The students were broken up into three groups of three to four each after turning in their iPhones. Then the two leaders of the workshop explained the game. A question would be presented to each group, round robin. Each group could choose to answer the question or pass it on to another group.

What is so unfair about that? I wasn't really sure. It seemed very reasonable to me. Each group merely chooses a question from a numbered grid, then decides whether to keep it or pass it on. Keeping the ones, you think you know and pass on the ones you are not sure of. For example, one question was "How many teams are in the NBA?". Another was "What president first threw out the first pitch and a major league baseball game." For the NBA it was 30 and for

MLB it was Taft. But this is where things started to get complicated. It turns out that the answers to these questions really don't matter much.

1	2	3
4	5	6
7	8	9

This is because you have to decide to keep or pass on a question before you know what the question is. You also don't get to know the point value of the question until after you have answered and the point value can also be negative. For example, if you get a minus two question right then you would lose two points. You even lose two points if you get it wrong. I would have thought that you should get two points if you got a minus two question wrong. I think I got this right but it is a confusing game.

As the game went on, the students quickly realized that they were playing blind and were struggling to find a valid winning strategy. It is not that the game would never end but that the ending appeared to be out of their control. The paradox is that you really don't have any control in the game but you have to keep playing.

I thought this was an amazing Dharma lesson. This is just like life. We have to live it even if it isn't under our control. We can go two ways with this. We can either get very frustrated or we can let the freedom wash over us. This is where gratitude begins to flourish within us.

It may seem hard to believe or accept but we all have an imagined sense of control. We play pretend so that we do not have to accept that life is merely an infinite number of causes and conditions. From a Buddhist point of view, it is odd that we choose blame and guilt to preserve a fantasy rather than accepting the truth that we are merely flowing along with the currents of life.

Rather than frustration with the unknown, we could choose to join in the game. A game that is not under our control but one we can joyfully participate in anyway. Many decisions in life are like the questions in **The Unfair Game**. We must still participate and take action even though we only have partial knowledge.

For example, choosing a spouse, a job or raising children is fraught with uncertainty. But we still have to act. We can either do so out of fear and regret or do the best we can with the partial knowledge we have at hand and then adjust from there. It is like Ted Lasso says, "be a goldfish". Forget your successes and failures after 10 minutes and then move on to the next question, positive or negative, and answer away.

Namoamidabutsu,
Rev Jon Turner

Perfection – Lessons from a Leaf

Last month the Los Angeles Chapter of the Ikenobo School of Ikebana, the school that I study, celebrated its 65th anniversary. Events such as this always include an exhibition of arrangements made by students and teachers, and there is a lot of preparation involved in planning and executing the display of arrangements. There's a lot of stress as well, not the least, designing and then sourcing the right material for the arrangements. We are all scouring the wholesale flower markets in search of the most beautiful and unique material to highlight in our designs. But for this exhibition, I had decided early on that I would make an arrangement of the simplest of the five design styles using aging, yellowing leaves signifying the transition to autumn. This style, called *Shoka Shimputai*, uses only 3 different materials max. At first, I felt a bit guilty for taking the easy way out. I mean- only 3 different materials to gather, and no wiring or taping them as is done with the more elaborate styles. Instead of stressing out at the flower market, I just had to pay attention to a lemon grass plant on my patio, patiently waiting for the oldest leaves to wilt and turn color (which turns out to not be that easy to predict for a scheduled exhibition I found out). I had a lot of other tasks required to support the event, including helping a student with her arrangement, so my guilt was very short-lived.



But in all honesty, after many years of studying flower arranging, I have recently experienced a renewed appreciation for this most basic and natural of ikebana styles. I attribute this to both teaching Ikenobo where all students begin their study with this basic style, as well as the influence I see coming from my Buddhist studies.

My flower path has many intersections with my Buddhist path, and I've been much more conscious lately of how much they influence each other and continue to teach me many lessons. The art of ikebana is rooted in Buddhism. Like sentient beings, plants are part of the cycle of life and death. Withered and yellowing leaves and flowers suggest not just the end of life, but the future when it returns in the next season. The first thing beginning students are taught is the concept of *shussho*, the intrinsic, specific characteristic of a plant. Understanding the *shussho* of a flower or leaf is essential to present its true and natural beauty in an arrangement.

There are many references to flowers and plants in Buddhist teachings and poetry. The lotus flower is symbolic of enlightenment and suffering as the flower blossoms above the muddy water. Basho, one of my favorite poets, wrote about the nazuna flower (shepherd's purse) in this haiku:

*look carefully
see the nazuna blooming
by the hedge!*

*yoku mireba
nazuna hana saku
nakine kana*

The nazuna is a small, white, ordinary flower that grows anywhere like a weed. Yet, Basho expresses amazement at the humble flower blossoming openly and proudly, regardless of who sees or admires it. But the significant message is that Basho is able to see this simple flower by looking with an open heart, to find beauty and perfection in the ordinary.

It's so easy, so human, to search for perfection in life. And there is nothing wrong at all with selecting the most gorgeous, perfect flower for an ikebana exhibition arrangement. But society challenges us daily with so many comparisons and suggestions as to what is "perfect" or "good". The influence of social media only makes these impressions more complex and transient. What brand of car, clothes, appliance, etc. do you have? Where did you go on vacation, what college did you go to, on and on? It's easy to let these external factors influence and cause frustration.

In *The Center Within*, Rev. Gyomay M. Kubose wrote a wonderful essay titled "Perfection" which resonated with me based on my recent exhibition arrangement awakening. He described going to an ikebana flower exhibit and admiring an arrangement consisting of a single chrysanthemum accompanied by a worm-eaten leaf that held a prominent position next to the flower. I love how he describes the leaf as having no hesitancy, no inferiority complex despite it being "imperfect". It was treated no differently than if it was "perfect".

He wrote that we tend to become attached to what we think are the good or perfect things in life. In this dualistic world, faced with right and wrong, perfect and imperfect, it's difficult but important to look within ourselves and not let society and culture influence the perspective we have of ourselves. Kubose said that Buddhism teaches us that we create our own world and it is of our own making. Through self-inspection, we should accept that we, and all things in existence, have a place and are unique and perfect. Search within yourself to understand and question your values. Find what is perfect about yourself, and then how you can see perfection all around you if you look with open eyes – a lonely and simple flower by a hedge, or a yellow and withered leaf.

In Gassho,
Janet Arima



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Buddhist Psychology of Self-Transformation (2) **– Buddhist Perspective on the Causes of** **Violence: Considering Karma –**

(Continued from page 1)

Buddhist Principle ‘No Harm – Ahimsa’

Ahimsa is the Buddhist principle of 'non-harm'. Most Buddhists try to practice ahimsa in their everyday lives and believe that it is wrong to show violence at any time. This means that it is possible that a Buddhist may therefore refuse to fight under any circumstances. Some Buddhists are pacifists, even when it comes to self-defense. Shōrinji Kempō (少林寺拳法) is a well-known form of martial art which has very strict rules about how violence can be used. The Shōrinji teaching forbids the Buddhist monk from ever being the aggressor. This type of martial art is a form of self-defense and uses physical skill to avoid harm. The photo shows the students of Kyoto Girls HS practice the Shōrinji Kempō.



Dhammapada (270) tells “A person is not a great person because the person is a warrior and kills living beings, but because the person hurts no living thing. Therefore, that person is in truth a great person.”

No Retaliation – Wishes of Honen’s Father

Honen was a pioneer to develop the Japanese Pure Land Buddhism by writing *The Senchaku Hongan Nembutsu Shū: A Collection of Passages on the Nembutsu Chosen in the Original Vow*. Shinran directly received the teaching from Honen in Kyoto for several years before both of them got exiled from the capital Kyoto due to the Nembutsu persecution in 1207.

In 1141 Hōnen's father Tokikuni was assassinated by Sadaakira, an official sent by Emperor Horikawa to govern the province. It is believed that Tokikuni's last words to his son were "Don't hate the enemy – no retaliation, but become a monk and pray for me and for your deliverance." Following his father's wishes for him, Honen entered Mount Hiei accompanied by his uncle at the age of nine, and became ordained as a Tendai monk. Honen obeyed his father's advice not to take revenge against the enemy who killed his beloved father, because he knew the continued revenge would create unending tragedies.

Unfortunate of Accumulated Karmic Conditions - Tannishō

Let me share one story from *Tannishō – A Record in Lament of Divergences* written by Yuien, who was one of Shinran's followers recollecting what Shinran had told him. This is about how past karma causes both our good acts and our bad ones, in another word, good thoughts arise because of past karma, evil thoughts and deeds are caused by past evil karma. Shinran said, “Know that all evil acts, even those as insignificant as a dust particle on the tip of the

hair of a sheep or rabbit, are caused by past karma.” Then he asked Yuien, “Yuien, do you believe everything I tell you?” Yuien immediately answered, “Yes, I do.” Then Shinran said, “If that is so, will you do anything I tell you to do?” Yuien humbly said yes. “Would you murder a thousand people if it would guarantee your birth in the Pure Land?” To this, Yuien replied, “Even though you tell me to, I do not think I have it in me to kill even one person.” Then, Shinran told him, “Why, then, did you say you would obey me completely? Let this be a lesson. If you could just decide to do anything, then when I said, ‘If you kill a thousand people, you will be reborn in the Pure Land’, you would have gone out and started killing at once. But because your karma does not predispose you to kill even one person, you are not going to harm anybody. It is not that you do not kill because you are a good person. Likewise, it could happen that a person who does not want to hurt anybody could end up killing a hundred or a thousand people, when the accumulated karmic conditions become matured and trigger you.”

Shinran pointed out the possibility that all human beings retain within themselves to hurt people by accumulated past karma. We need to reflect his Buddhist insight on the current violence happening in the world.



What does pacifism mean in Buddhism?

Peace and non-violence are central to Buddhism. Most Buddhists believe that violence destroys inner peace. Without inner peace, a Buddhist cannot reach enlightenment. Ultimate happiness as a Buddhist is to enter the Great Nirvana as Shinran repeatedly said. Nirvana is the spiritual goal which all Buddhists aim to achieve.

In the teaching of Jodo Shinshu, we all equally receive the Amida's vow efficacy in this life and attain Buddhahood when entering the Great Nirvana. Spontaneous recitation of the Nembutsu ultimately leads you to the fulfilled life in transforming any difficulties to positive challenge by emerging deep gratitude, embraced by the Buddha's Great Compassion. Shinran says in one of his letters addressed to his flowers (CWS I, p.560):

Those who feel uncertain of birth should say the nembutsu aspiring first for their own birth. Those who feel that their own birth is completely settled should, mindful of the Buddha's benevolence, hold the nembutsu in their hearts and say it to respond in gratitude to that benevolence, with the wish, “May there be peace in the world, and may the Buddha's teaching spread!” Please consider this carefully.

I hope that all battles will cease soon, and all people realize the fact of unrepeatable life and turn their mind to the Buddha's deep wish that permeates to everyone on this earth, leading to the true peace and bliss.

Namo Amida Butsu
 Rev. Dr. Mutsumi Wondra

President's Message

Wow, can you believe it's already November? The weather hasn't changed much yet, but Starbucks, the retail stores, and Amazon remind me that it's time for the holidays and the end of the year. Although I'm not ready for the hustle and bustle of the holidays, I am ready to enjoy a Thanksgiving gathering with all the delicious food, family, and memories of past Thanksgivings.

One of my favorite childhood Thanksgiving memories is my mom saving the wishbone from the turkey for me and my younger brother, Kevin. (I'm sure she saved it for my older siblings too, but Kevin and I were the youngest partners). It was always a little uncomfortable as I wanted to get the bigger piece so my wish would come true, but I felt bad that it would mean my younger brother would lose. Nonetheless, I would always close my eyes and make a wish. I don't remember all my wishes, but I realize now that I often wasted my wishes on wishing that I'd get the bigger piece. I closed my eyes too when I made a wish with my birthday cake and when I blew on a dandelion. I also remember as a child closing my eyes whenever I was in the car running errands with my mom and we would drive past Westminster Memorial Cemetery on Beach Blvd, as that is where my grandparents are buried. My mom would tell us kids when we were getting close so that we could close our eyes, gassho, and recite the nembutsu as we passed the cemetery. She would then let us know when we passed so that we could reopen our eyes. It was such a habit, that I barely remember any of the landmarks on Beach Blvd. from Hazard Avenue to Bolsa Avenue, as my eyes were always closed. It was quite a shock to me when I started to drive on my own and I drove down Beach Blvd. for the first time. I instinctively wanted to close my eyes as I got closer to Hazard Avenue, but then I realized that I was now the driver and couldn't do that!

Now as an adult, I realize how much you miss when your eyes are closed. Although the weather doesn't change much in Southern California to see the changing of the colors of the leaves, it is nice to see more people outdoors as the weather cools down. I know at OCBC there were so many events in October that if you closed your eyes, you might have missed a few of them. My gratitude for the following events and organizers:

- October 1st - **Emergency drill** - thank you to the Safety Team and keeping us safe.
- October 7th - **SDDSTL conference** - thank you to the OCBC Dharma School staff for hosting with such wonderful hospitality and planning.
- October 8th - **PK Family Day** - thank you to Project Kokoro for celebrating the many generations of families and culture.
- October 14th - **OCBC Wine Tasting Fundraiser** - thank you to the FFW Committee for all your hard work and planning such an enjoyable event.
- October 22nd - **OCBC Appreciation Picnic** - thank you to all who attended. OCBC appreciates you!

- October 29th - **OCBC Costume Party** - thank you to Dharma Wheel Club, Sangha Teens, & Jr. YBA for the spooky fun time.

Please keep your eyes open for the following upcoming events:

- November 4th - **Annual Church Clean Up Day**
- November 5th - **Project Kokoro bento fundraiser** to support the Lahaina Hongwanji
- November 5th - **Project Kokoro Crafts Boutique**
- November 12th - **Eitai-kyo Service** with guest speaker Rev. John Iwohara from Gardena Buddhist Church

I will admit that I still close my eyes for surprises, birthday cakes, and scary movies, and I especially like watching my grandkids cover their eyes when I play Peek-a-Boo with them. I cherish their pure excitement and joy when they reopen their eyes and see that they're safe and with a familiar face. I hope this is the same feeling you receive whenever you're at OCBC.

I wish you and your loved ones a Happy Thanksgiving, and I'll keep my eyes open for you at one of our upcoming events.

In gassho,
Jo Ann Tanioka
OCBC President



Korin Articles Due

November 12, 2023*

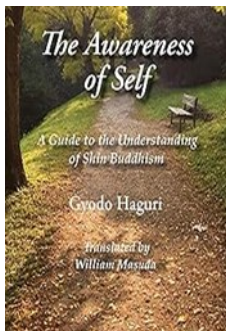
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Shin Reader - My Favorite Books

by Rev Ellen Hamada Crane

Today I am sharing three of my favorite Shin Buddhist books. They are personally important for different reasons, and I hope you will consider reading or re-reading them as well.

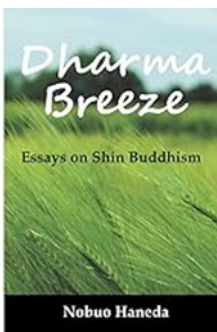


The Awareness of Self by Reverend Gyodo Haguri has been an important book for my family since its publication. Haguri sensei was the one who brought my mother's entire family to *shinjin* awakening back in the 1930's—an experience that profoundly changed the course of their lives.

The book currently in print is a republication of a book printed in 1967 which was itself a selected translation of a book Reverend Haguri wrote in Japanese in 1953. My grandfather, Yoneichi Kawate, was one of a group of devout Shin followers from Central California who helped publish the 1967 English version. Because there were so few books in English about Shin Buddhism then, this book was significant.

My mother loved to share this book, but over time there were no more copies available. Fortunately, she was alive to see OCBC Buddhist Education Center Publishing re-print this book in 2015. The language is somewhat arcane, but the essence of the Shin Buddhist path is contained in this little book. I hope you too will find meaning within its pages, and keep Haguri Sensei's words close to your heart:

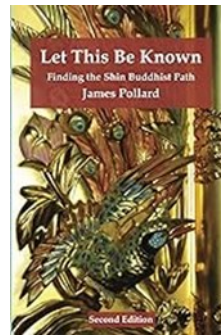
“What is critically important is that the teachings radically transform our way of thinking and living so that we become true individuals: strong in crisis, humble in success, tender in our feelings, and grateful at all times.”



Dharma Breeze by Dr. Nobuo Haneda. When I returned to OCBC in 2004 after a 25-year absence, Dr. Haneda soon became an important teacher. As a highly regarded and respected teacher by then resident minister, Rev. Marvin Harada, Dr. Haneda appeared annually at OCBC for over 20 years, to conduct a Saturday Ohigan seminar, speak at Sunday service (English and Japanese) and appear as a Buddhist Education Center lecturer for six classes over three weeks. Additionally,

each summer, along with several OCBC members that included my mother, Masako Hamada, Sachi Ochiai, Jim Pollard, Janis Hirohama and others, we would travel to Berkeley, California, to attend Dr. Haneda's annual Maida Center Retreat to delve deeper into Shinran's formulation of the Shin Buddhist path.

Dr. Haneda writes a newsletter called “Dharma Breeze” and the book of the same name is a compilation of many of the articles appearing in those newsletters. The book is a well curated presentation of Shin Buddhism, readily accessible and easy to understand. In it he focuses on fundamental questions like, “What is Amida?” and “What is the Pure Land?” It is a book that one can turn to repeatedly to find answers and new meaning and it is one that I turn to again and again.



Let This Be Known – Finding the Shin Buddhist Path by James Pollard

Jim Pollard came to OCBC in 2006 and over the course of over 17 years I have come to respect and admire his scholarship and insightful understanding of the dharma. When Jim, his wife Janis and I became Minister's Assistants together, the training provided many opportunities to listen and share our understanding of the teachings. Jim's dharma talks were jewels of insight for me, and I made it a point to listen to him whenever possible. I was elated to hear that he had organized his many dharma talks into this book, published in 2020 by OCBC Buddhist Education Center Publishing.

This book is a must read for anyone seriously interested in learning about and understanding Shin Buddhism. It is that important. But, as Rev. Patti Nakai has said, “This book is not for the faint of heart.” Jim does not shy away from presenting his thoughts with fact-based evidence and scholarship. Indeed, one of the most impressive aspects of the book is the breadth and depth of his inquiry, drawing upon his years of study prior to coming to OCBC, in literature, science, philosophy, religion and music. These were some of the karmic conditions that came into play when Jim encountered Shin Buddhism at age 50, and served to inform his discovery of the Buddhadharmā.

Let This Be Known, can be appreciated on at least three levels.

One, it is a deeply personal narrative about one person's discovery of, and journey on, the Buddhist path. In a frank and candid narrative, Jim recounts his search for his life's meaning. He had imaged that he would find fulfillment on a path he called “secular transcendence,” devoid of a connection to any organized religion. His book tells of his serendipitous discovery of Shin Buddhism with honest surprise and gratitude. Here, we glimpse Jim Pollard, the seeker.

Two, this book speaks brilliantly to curious 21st century Westerners and presents an *American Shin Buddhist* perspective. As a man of science (he holds a Ph.D. in chemistry), cultured and well-read, Jim speaks about Shin Buddhism from a perspective perfectly suited to address the questions and hesitations of a non-traditional, skeptical, and doubting audience—particularly those who are unfamiliar with Buddhism in general and Shin in particular.

Three, Jim clearly has embraced Shin Buddhism as his path, and his presentation of Shinran's teachings is one of the clearest renditions of our founder's path to awakening that exists today. He explains the essence of the Shin Buddhist path from his own deep understanding. He concludes that for himself, Shinran's path is the only one he personally can follow. His reasons are compelling, and he makes a strong case for the premise that it is the path best suited for this time and this place. I can't help but agree....Namo amida butsu.

BWA News

The change in seasons is not always apparent until leaves start falling and it's time to bring out the trusty broom and dust pan once again! The green leaves that provided ample shade and shelter for birds during the hot summer months are now slowly turning shades of gold or red and will soon be nothing more than piles of crunchy leaves. As November approaches, we are often reminded how important it is to express gratitude in everything around us and in our daily lives. With the strong support from our Sangha and volunteers, OC BWA can continue to make bentos for the monthly Senior Luncheon, prepare tasty dishes for Hanamatsuri and Obon festivals, and create a festive Mochitsuki atmosphere for all generations to enjoy. Dōmo Arigatou Gozaimasu!

-On October 9th, we celebrated a birthday for Betty Yamasaki. Thank you to Betty for the beautiful stemmed flowers and rice donation and Merry for the lovely cut roses. 31 attendees enjoyed a tasty bento featuring bulgogi with carrots and green beans, pasta salad, roasted cauliflower, and snow peas stir fry. A generous slice of cake along with raffle prizes completed our lunch time celebration. Please join us at our next Senior Luncheon on November 13th as we honor our birthday celebrants with another delicious lunch in the Social Hall.



-20 members attended the SD Buddhist Conference that was broadcasted live to OCBC on October 14th. Three members also attended in person at the Pasadena Buddhist Temple. A light breakfast and snacks were served in the MPB Conference Room and members enjoyed the companionship, the guest speakers, and the delicious lunch that followed. Thank you to everyone who attended.

-Omigaki or church clean-up will be held on November 4th. We encourage all members who are able to help to arrive by 9:00 am to clean our beautiful Hondo and surrounding areas. If you have dusters and/or Swifters, please bring as supplies may be limited, but rags will be provided.

-Thank you to everyone who continues to support our Pop-up Store throughout the year. Our next Pop-up event will be held on November 5th and this time we will be working alongside PK Crafts in the Social Hall. Please stop by to see what our group has to offer and maybe you'll find some tasty treats and cute stocking stuffers!

-Our next BWA meeting will be held on November 12th, at 12:30 pm in the Kodo after the Eitaikyo service and luncheon. Please be sure to attend as we will be discussing important year-end activities.

-On Saturday, November 18th, we will be holding our annual Eshinnisama/ Kakushinnisama Hoyo and Memorial Service for past BWA members at 12:00 noon in the Hondo.

Ministerial Assistant Certification Ceremony

A very special ceremony was conducted on October 15th, at OCBC with Bishop Rev. Marvin Harada. Bishop Harada performed the ceremony of providing Ministerial Assistant (MA) Certification to Teresa Shimogawa. The OCBC sangha congratulates and welcomes her.

The MA program was created many years ago by a committee under the direction of Bishop Ogui. The committee included Rev. Harada, Rev. Oshita, Rev. Castro, and a few other BCA ministers. With a growing issue of dwindling ministers, the MA program was started in hopes of alleviating the workload of the ministers and with hopes that future ministers may arise. Temples in the pilot program were Seattle, Denver, Sacramento, and OCBC.

Rev. Dr. Wondra and Rev. Turner were in the first MA group and became Kaikiyoshi.

Teresa Shimogawa is currently an instructor at Cypress High School. She has three children enrolled in OCBC's Dharma School.

Because of this special ceremony, Bishop Rev. Harada brought our good friend Freddie, the frog. Rev. Harada joked that it has been a while since Freddie returned to the OCBC Hondo and for many of the newer Dharma School students, this may be their first meeting. The other students who knew Freddie laughed and were excited to see Freddie. Rev. Harada explained that Freddie has been traveling to other Temples and meeting other young students. It was wonderful to have both Bishop Rev. Harada and Freddie back at OCBC.

Okaerinesai!

In gassho, Rick Oishi



BWA News (continued)

Please fill out the flyer along with a check payable to OC BWA for \$20 and return to the office by Friday, November 3rd. Kindly bring your Montoshikisho, onenju, and please wear purple for our group photo after the service.

-Save the Date for **Mochitsuki on December 17th** with Toban details to follow next month. Please see order form to purchase okasane and ko-mochi by December 3rd.

Questions: For general questions regarding BWA or its activities, you may contact Lynn Black at BWA@orangecountybuddhist.org

In Gassho, Chris Nakamura

Dharma School

The Emergency Drill for the entire Sangha that took place on October 1 went very smoothly as a result of the readiness and cooperation of the parents, the students, and the OCBC Emergency Preparedness Team. Thank you, everyone, for understanding the importance of being prepared for emergency situations.

It is so wonderful to see the hondo filled with smiling faces and to hear the buzz of conversations happening before service begins. What a great feeling it is to meet and interact with one another! Thank you for your attendance and for taking time from your busy schedules to make Dharma School a priority by bringing your child(ren) to service and class.

Dharma School Class Dates

We look forward to seeing you in class!

November 5- All Life Forms Memorial Service followed by Dharma School class

November 12 - Eitai-kyo Service -- No Dharma School. Can be used as a make-up class towards perfect attendance

November 19

December 3

December 10 - Year-End Service -- Can be used as a make-up class towards perfect attendance

January 7, 21, 28

January 14- Ho-Onko Service – Mandatory for Perfect Attendance

Classes will begin immediately after service and end at 11:30am.

A “Welcome” To Our New DS Students

We are very excited to share the following names of students who are new to our Dharma School. We are so happy to have them join us!

Preschool

McKenzie Nguyen

Kindergarten

Madeline Eguchi
Jordan Eguchi
Kobe Wong
Sachiko-Rae Bass

4th grade

Declan Uyeda

5th grade

Abigail Masuda
Daniel Masuda

7th grade

Kinsley Morinaga

High School

Kari Ueyehara
Chloe Wong
Haylee Uyeda

Class photos

On October 29 photos of each Dharma School class were taken. We thank Nancy Suzuki for arranging the schedule to make this happen.

Generous Act of True Dana (Giving)

Our Dharma School has received a generous monetary donation from Nolan and Kristen Nishimura for the

participation of their child, Aiden, in the May Hatsumairi Service. We thank them for their thoughtfulness and their vision for the future of our children by supporting our Dharma School program to spread the Dharma. We sincerely appreciate their generosity!

SDDSTL Conference

On Saturday, October 7, OCBC Dharma School hosted the SDDSTL conference. Jodo Shinshu, This is the Way. It was very successful as a result of the hard work of Merry Hiroshima, Rick Oishi, and their committee members. [Photos on page 14.](#)

Dharma School Gift Card Sales

DS Gift Card sales will be available for purchase on the first and third Sundays of each month by Lynn Morita or Michael Li at the hospitality table near the entrance of the hondo.

Our Dharma School Gift Card Sales help to provide the Dharma School teachers with materials, conference fees, etc. We want to extend appreciative thanks to the people who support our Gift Card Sales to help supplement our expenses. If you are new to ordering gift cards or have any questions, please email:

dharma.school@orangecountybuddhist.org or ask at our hospitality table.

Welcoming New Students

If you, or someone in your family, is new to OCBC and would like to attend Dharma School, please contact us at **dharma.school@orangecountybuddhist.org**.

We welcome new students any time during the school year. In addition, if you know anyone from Preschool–high school age who might be interested, please share the email address with them. Thank you.

We look forward to seeing you!

In gassho,
Gail Harada



New students introduced, picture taken at 9/24/23 Service. Front Row L to R: Jordan & Madeline Eguchi, Sachiko-Rae Bass, McKenzie Nguyen, Back Row L to R: Abigail & Daniel Masuda, Kari Ueyehara

Project Kokoro

Lahaina Hongwanji Fundraiser **Nov 5**

Money raised will support the Lahaina Hongwanji. Order by 10/29 and pick up Nov 5th in the MPB by 11:30am. Chef Garrick Hisamoto from Koi and Crane is offering two choices: vegetarian or chicken/beef – both include rice and dessert for \$15. See the event calendar on the OCBC website with a link to the bento flyer for more details.

PK Craft Boutique **Nov 5**

Come by and shop for great gift ideas for the holiday – or just for yourself! Please see flyer in this issue of the Korin.

PK Craft Club

The Craft Club has resumed and in need of volunteers to teach and lead the classes. The weekly workshop is Wednesday from 9am to 12pm. Craft items are made to sell at the boutiques. If you would like more information please contact Dorothy Matsuoka: dcmatsuoka@aol.com or Rumi Nakatani: rumiko@sbcglobal.net

Team Scattergories Games **Nov 6**

Join in the fun of this mind stimulating activity played on Zoom once a month on certain Mondays. The game time is from 10am to 11am. Please log on 10 minutes prior to play time. To register, or for more information, please contact Marion Nishimura: mieko4nish@gmail.com

OCBC/Tanaka Farms CSA Program

Farm fresh seasonal produce delivered every other week for members and affiliated organizations! PK members Greg and Bonnie Goodman offer recipes and meal ideas.

To signup visit:

<https://csa.farmigo.com/join/tanakafarms>

note: be sure to select OCBC as your “pick location”

To learn more, visit:

<https://www.tanakafarms.com/about-csa>

or contact Patty Nagatoshi: csa@tanakafarms.com

or PK member, Bonnie Goodman: bgood1@cox.net

Appreciation

We would like to acknowledge the generous gifts received to support our programs from the following donors: Rev. Dr. Mutsumi Wondra, Koko Doami, Shoko Tsujimoto, Masako Sawada, Sachiko Kusumi, Rev. Ellen Hamada Crane, and Randy & Jane Tamura.

PK Membership and Involvement

If you would like to become a PK Member or would like more membership information, please contact PK President Liana Ogata: lianaogata3094@gmail.com

In gassho,
Neddie Bokosky

ABA News

The sold out “Friends, Food, and Wine” event on October 14, was a huge success. Huge kudos to the vision and leadership of Alan Endo, and to the committee members who played major roles from planning the decorations, the wine and food pairings, the silent auction, the cooking, the prize wheel, the favors, etc. Thank you to all of the volunteers as well. Without one part, the whole would not have materialized. Please enjoy some of the photos from this special fundraiser. A group photo will be displayed in the ABA bulletin board soon.

Special thanks to Gordon Tani for creating and sharing our ABA poster at the OCBC Orientation Fair. I haven’t heard of any new members yet, but I’m sure they are coming! Speaking of membership, your ABA membership dues (\$20 per person) are now due to Membership Chair Julie Saito.

Upcoming events include Church Clean-up on November 4, a possible local day trip, and an extended bus trip to Arizona’s Antelope Canyon. Gas prices, as you know, are very high, so this may have to wait until transportation costs become more reasonable.

It is unbelievable that 2023 will be gone in just a few months! Have you made it all that you envisioned it to be? If not, you still have time. Just like our Wine Event, it takes a vision, and the support of many people around you. I’m cheering for you to end this year on a positive note, and to look forward to the next, with appreciation and hope.

With Gassho,
Jeanne Kumagai



[\(Additional photos on page 14\)](#)

Cub Scout Pack 578

The scouting year is off to a good start! The Webelos 2 are on their final year of scouting and more excited than ever to complete their journey in achieving Arrow of Light status.

The pack began the year with Scout-O-Rama which was held at The Irvine Ranch Outdoor Education Center. Pack 578 scouts helped work the ping-pong ball catapult booth which was a big success among event goers. As a token of our hard work and creativity, Pack 578 was also awarded blue and green ribbons for Excellence and Safety. Thank you to all the den leaders and parents who volunteered their Saturday to not only drive your scout to this event but also patiently waiting in long lines to ride the sponsored Scouting Council yellow bus to and from the event.

October is a busy month for Pack 578 with two highly anticipated activities including Bowling Night and Trunk-or-Treat. The Webelos 2 den coordinated the annual bowling event at Irvine Lanes for a night of pizza and fun competition. Trophies were handed out to scouts bowling the highest score of the night.



Next on the calendar is Trunk-or-Treat which is scheduled for October 20th at OCBC's parking lot. Parents will decorate their cars and hand out candy to scouts showcasing their unique Halloween costumes. Each family is encouraged to set up an activity for the event as part of the entertainment. Activities such as golf putting, nerf target, and spot-it are some scout favorites. Looking forward to more creative parent led Halloween games at Trunk-or-Treat Night!

Yours in Scouting,
Takashi Wada
Webelos 2 Den Leader

Boy Scout Troop 578

Troop 578 has been hard at work participating in scout skills competitions, learning valuable leadership skills, and introducing others to the ways of scouting.

The first event Troop 578 participated in was a day trip on August 26th to Oso Lake Scout Camp for a Mini Invitational Field Day (IFD) with Troops 719, and 310G. The day started bright and early with an opening flag ceremony presented by a group of scouts from all three troops. After the flag ceremony, scouts were mixed into new patrols. The newly formed patrols showed scout spirit by creating a patrol flag. Afterwards the patrols participated in different events: scout skills, stretcher run, and a fun game of steal the bacon. Then came the fried rice cooking competition. The last event of the day was scout skits which were performed at the closing ceremonies. It was fun competing with and making new friends with the scouts from Troops 719 and 310G.

The second event troop 578 participated in was a Junior Leadership Training (JLT) retreat at Canyon RV Park on September 15th – 17th. The main event at JLT was a team bonding ropes course. The ropes course required scouts to work together and complete a big obstacle course consisting of bridges, climbing nets, and swinging platforms with a zipline waiting for them at the end. All of the scouts had a great time on the ropes course. Scouts also got to work on rank advancement by participating in a Trail to First Class session. Next came an optional ladder course where scouts climbed up a series of ladders in order to reach the top of a tower. In the evening, the scouts ate a well prepared dinner. It was then time for closing campfire where patrols performed skits in front of the troop. The campfire was then followed by a movie showing of Pixar's Elemental.

The last event that the troop participated in was Scout-O-Rama on September 23rd. At the start of the new Boy Scout year, troops from all over Orange County gather at the Irvine Ranch Outdoor Education Center to show what scouting is all about. Troop 578's Scout-o-Rama tradition is to cook our special troop fried rice. The fried rice is a staple in our troop and is prepared by scouts to show the teamwork and leadership in our troop.

Yours in scouting,
Ryan Nakagawa

Brownie Girl Scout Troop 916

The Brownies are back for a busy and fun-filled 2023-2024 season! There are twenty-three smiley and energetic young ladies looking forward to selling you some Girl Scout cookies in the very near future!

The wonderful and brave leaders for this year are: Katie Suinn, Julie Yao, Suzanne Maekawa, and Christine Suzukawa.

Recently, the Brownies have been learning the importance of their own family heritage and traditions. They created family trees with branches for family and friends. They also created a coat of arms listing their favorite things. I couldn't tell you how touching and heartwarming it was to see my daughter write what appeared to say "My favorite person is dad." However, upon closer look, she struck out the word "person" and wrote "My favorite dad is dad." Well...I'll take it, I guess.

Camilla Chan, who is a Gold Award Participant also spoke to the Brownies about the importance and beauty of Asian cultures and their role and the need for acceptance in our society. To learn more about her inspiring project, please visit: camillachan.wixsite.com/home.

Coming up on October 27th, the Brownies will be participating in the Investiture. The Investiture is a ceremony welcoming all new members to Girl Scouts.

Thank you for all of your support!

In Gassho,
Gary Dote



Weekly pickleball sessions In the MPB gym.

For more information:

Wednesdays 12:30p—2:30p session email Ryan @ rko7@hotmail.com

Weekend sessions (times based on gym availability)



Welcome back parents and Girl Scouts at OCBC! There are a total of seventeen girls in our troop. We will have our formal welcoming, Investiture, of new Girl Scouts or promotion on Friday, October 27th.

We had our first meeting and ice breaker to seek compatible patrols. Forming patrols allows the girls to take on a leadership position and learn to work together to contribute their creative ideas and skills together. We continue to rotate girls into small groups for them to get to know each other and learn to work together in various projects.

One of those projects is working on "Think Like an Engineer Journey". They are planning, experimenting, evaluating and redesigning their structures with their limited materials to build durable pillar platforms in order to support large textbooks.



We have introduced the Inchworm of Service to the girls to consider community service hours and earning an award. The girls are aware of the importance of service to our community. Juniors are awarded by their time and volunteer efforts to the church and for girl scout electives. Currently, we are reviewing the value of sustainability for a project that benefits the community as the older girls will begin working on their Bronze award.

The girls' awareness of societal issues is demonstrated with the "Pinwheels for Peace" activity. They designed and assembled colorful pinwheels as a symbol of peace around the world. They also recognize the devastating fires of Mau and it's impact on the community and the environment. Pinwheels made by all the Girl Scouts of Orange County were posted across the lawn of headquarters in Irvine.



Junior Troop—September Flag Ceremony



If you know any 4th or 5th grade girl that is interested to join Juniors then please reach out to: Stacy Yamanishi at Stacyyama@gmail.com or Mary Jane Morimoto at mj.moto212@gmail.com.

In Gassho,
Mary Jane Morimoto

Cadette Girl Scout Troop

Happy Fall! The 2022~2023 Cadettes ended the year in August with an End of the Year Activity at Disney's Arts and Humanities Workshop on Theme Park Design. The girls learned how to develop a theme park, which included creating a theme, sketching a design with rides and attractions, as well as areas for staff lounges and eateries. All this was done while walking behind the scenes to the Star Wars Launch Bay. Once inside, they built a scale model of their theme park. At the end of the workshop, the Cadettes had a better understanding and appreciation of all the details that Disney put into his theme park!

The 2023~2024 year started off with a lot of activities. Our first activity was earning The House that She Built Patch through the generosity of our 6th Grade Troop Leader, Laura Santo, and her employer, Turner Construction. Turner hosted the patch class at their jobsite office at SoFi Stadium in Los Angeles. The girls learned about construction careers, designing, building and teamwork. We received a special treat by going on a private tour of SoFi Stadium!



Next, the Cadettes went on a camping trip to Emerald Bay on Catalina Island. The girls learned about sea life, practiced

archery and went paddle boarding.

At our last meeting, we met our Daisy Little Sisters and helped them decorate their Ronald McDonald canisters to collect pop tabs. In addition to the activities, the Cadettes are participating in the Padma Sangha Award, the Silver Award Project and their Journey Award. We look forward to an adventurous 2023~2024!



In Gassho,
Sherry & Sydney Sato

Senior Ambassdor Girl Scout Troop 881



Hello everyone! Senior Ambassador Troop 881 started our year with our first official meeting where we elected our officers for this year. For this year, our troop treasurer is Kaitlyn Nakagawa, our troop Recording Secretary is Kristin Ng, and our Religious Chair & Historian is Kai Yamamoto. In addition, during our first official meeting we started to plan various events for the year such as Beach Camp with the Boy Scouts, OCBC's Hanamatsuri Luncheon, and more.

During our second meeting, patrol 3 planned badge work to earn our College Badge. We learned about the different types of collages throughout the century. Everyone made two collages, one that focused on color and composition and another that focused on personal objects while sharing their own personal story.

We are also excited to start planning our Senior Ambassador trip to Savannah, Georgia, where we will explore the birthplace of Juliette Gordon Low. We are selling Fall Products to help earn money for our troop and our Gold Award.

Congratulations to Lauren Ueno and Courtney Yada who recently completed and earned their Gold Award.

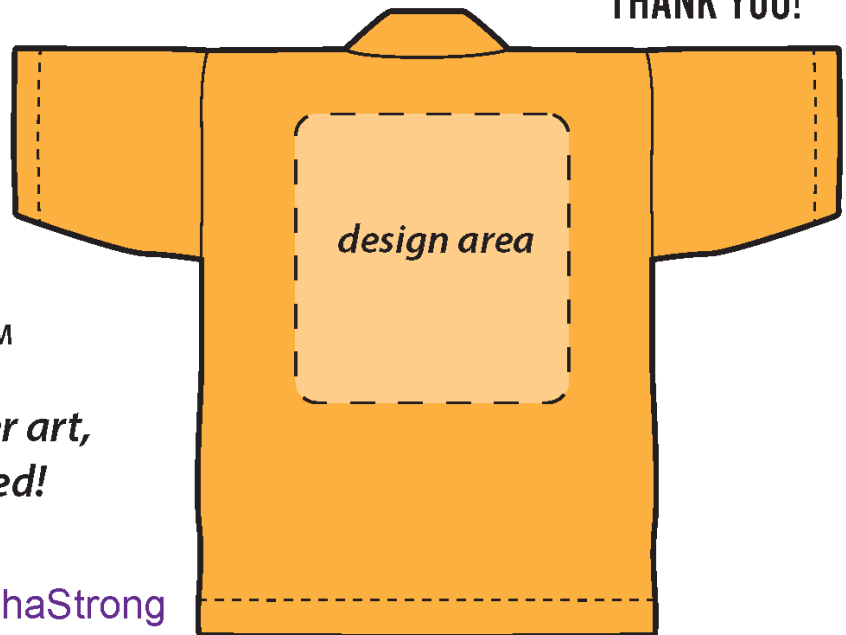
In Gassho,
Jillian Yonemitsu

Hello, OCBC Sangha!



Extending the invitation for OCBC's Happi Coat designs! For submittals, questions, or templates, please e-mail: OCBCMedia@gmail.com

THANK YOU!



LIGHT TRIM OR DARK TRIM

Sketch, cut & paste, computer art, any method will be considered!



#SanghaStrong
connection. culture. community.

Friends, Food and Wine



**Southern District Dharma School
Teachers League Conference
Oct. 7, 2023**



In Memoriam

The Orange County Buddhist Church wishes to express its deepest sympathies and condolences to the families of the late:

**Stanley Yoshiyuki Kino
Kyohei "Hank" Murakami**

May the family members find solace and comfort in the infinite compassion of Amida Buddha

Namo Amida Butsu

Services Conducted

September

23 Stanley Yoshiyuki Kino, Funeral
30 Stanley Yoshiyuki Kino, Burial

October

01 Shimizu Family, Memorial
05 Kimiko Miller, 49-day Service
06 Kyohei "Hank" Murakami, Funeral
08 Ochiai Family, Nokotsudo Service

BUILDING FUND

The Building Fund acknowledges with gratitude the following individual who donated in support of facility improvements planned for the near future.

Jan Okinishi

Thank you for contributing to the Building Fund.

In Gassho
Doug Iwanaga
Building Fund Treasurer



Thank you

OCBC's WEEKLY WHEEL PODCAST IS HERE!



THE WEEKLY WHEEL PODCAST WILL BRING THE DHARMA DIRECTLY TO YOUR FAVORITE PODCAST PLAYER!

- MEDITATION
- CHANTING
- DHARMA MESSAGE
- SPECIAL TOPICS & DISCUSSIONS

YOU CAN FIND THE WEEKLY WHEEL ONLINE AT:



iTUNES PODCASTS



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SOUND CLOUD

WEBSITE: SoundCloud.com/weeklywheel

E-MAIL: WeeklyWheel@OCBuddhist.org

ACKNOWLEDGMENTS

The Orange County Buddhist Church gratefully acknowledges the following for their very generous donations, received and recorded from September 17, 2023 through October 15, 2023.

Shotsuki Hoyo Donations

Anonymous (2)	Aoyama, Tessho/Joy
Arimura, Kiyoko	Emi, Lori A.
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Kasai, Amy	Kawabata, Kyle H.
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Orei to the Church

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Doami, Koko
Morris, Sirima
Saito, Toshiko

Special or Miscellaneous Donations

Bagshaw, Darlene	Garcia, Joe/ Taborga, Marcia (2)
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OCBC BSA Pack 578	OCBC Dharma School
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Treseder, Kathleen	Wakabayashi, Edwin/Lori

Osaisen Donations

Anonymous	SD Dharma School Teachers' League
Suzuki, Ronald/Kyoko	Urabe, Judith

**Ohigan Service Donations Add'l**

Doami, Koko	Fujimoto, Fumie
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Yamashita, Yoko	



PLEASE JOIN US FOR A SPECIAL SERVICE

With In-Person Guest Speaker

Sunday, Nov 12, 2023

Eitaikyo Family Service

10:00 – 11:00 am

Guest Speaker: Rev. John Iwohara

Gardena Buddhist Church

Messages in English and Japanese

Luncheon in Social Hall

hosted by OCBC Sports

OCBC SPECIAL HOLIDAY SCHEDULE



Nov 23rd *Office Closed in Observance of Thanksgiving*

Nov 24th *Office Closed in Observance of Thanksgiving*

Nov 24th *Office Open*

Nov 26th *NO SERVICES – Office Closed*



Dec 24th *NO SERVICES – Office Closed*

Dec 25th *Office Closed in Observance of the Holidays*

Dec 26th *Office Closed*



Dec 31st *New Year's Eve Service at 4:30 pm - Office Closed*

Jan 1st *New Year's Day Service at 10:00 am - Office Closed*

Jan 2nd *Office Closed*

In case of emergency please call (714) 827-9590

光輪 十一月

盛況な南加仏教徒大会

テーマ「感謝のお念仏」

今年も十一月を迎える頃となりました。11月4日(日曜)には時間を1時間遅くして夏時間から通常時間に戻しますので、お忘れのないように。

先日10月14日(土)にはパサディナ仏教会で今年の南加仏教徒大会が盛況に開催されました。また、大会後は南加BW Aミーティングがありました。今回の南加仏教徒大会のテーマは「感謝のお念仏」ということで、日本語の講師には宮地信雄先生を、英語では赤星ケンジ先生をお招きして、また日本語話リレーでは私も参加させていただきました。

浄土真宗のお念仏は「報恩感謝(ほうおんかんしゃ)」と言われます。ここでいう報恩(いただいた恩に報いる)とはどういうことでしょうか?親鸞聖人が書かれた数多い和讃のなかに『浄土和讃(じょうどわさん)』があります。その中からひとつご和讃を紹介しましょう。

弥陀の名号となへつつ
信心まことにうるひとは
憶念(おくねん)の心つねにして
仏恩報ずるおもひあり

『註釈版』555頁)

日本語の古文はなかなか難しいので、現代語訳を書いておきましょう。

私たちが信じさせずにはおられないという阿弥陀仏の名号を称えながら、称える心が名号のいわれ(意味)をそのまま信ずる身になつた人は、如来のはたらきをいつも憶(おぼ)えて忘れない心が具(そな)わるとともに仏恩報謝の念(おもい)が自然にほとばしり出てきます。

この和讃にはお念仏を称えて毎日を過ぎるに育て上げられることが読まれていきます。オギャーとこの世に生まれ、たこの私はお念仏のことなど何も知らなかったわけですが、阿弥陀さまのお名前である「南無阿弥陀仏」を耳にして、お寺にお参りして聴聞することによつ



て、自然とお念仏の人に仕上げられていくと言われています。このことはお香の匂いが着物に染み込んだ染香人(ぜんこうにん)とも表現されることがあります。

浄土真宗のお念仏は称えれば病気が治り長生きできるとか、心配事がなくなるなど人間の世俗的な願いが満たされるものではありません。それよりも、心配事や病気を抱えたままで、人間として根本的な問題、すなわち私の「後生の一大事」を確かなものにしてくださった阿弥陀如来さまの無条件の救いへの深い感謝のお念仏こそが、親鸞聖人さまが頭かにされたお念仏の内容です。私たちがそれぞれがこの世で抱える儘(まま)ならぬ問題を抱えたままに阿弥陀さまの尊い願いを信じて、念仏させて、浄土の国に仏として迎えてくださることへの有難いお助け、このご恩に対して私たちはお念仏を通して感謝を申し上げるのです。

目まぐるしく移り変わる日常生活、コロナ後の劇的な社会変化のなかで、私たちは「恩(おん)」を感じ、恩に報(むく)う生き方を見失なっているように思えます。今一度、親鸞聖人がお示しくださった「報恩感謝のお念仏」を心していただくことが何よりの真の幸せとなることを申し上げます。今月号の法話を終わらせさせていただきます。

❖ 祥月法要について

祥月法要は対面法要のみとなり、ます。オンライン参加は出来なくなり、ますので、ご了承ください。法要中のマスク着用はご自分の体調と感染者状況にもとづいてご判断ください。往生された方のお名前を示し、ますので故人や家族の個人情報を守るため、レコーディングはされません。

❖ 十一月祥月法要

11月4日(土) 午後4時30分より本堂にてお勤めします。

- ・ 日本語法話・・・ワンドラ先生
- ・ 英語法話・・・ターナー先生

❖ 十二月祥月法要

12月2日(土) 午後4時30分より本堂にてお勤めします。

- ・ 日本語法話・・・ワンドラ先生
- ・ 英語法話・・・ターナー先生

❖ 『永代経法要』のご案内

永代経とは、お経の名前ではなく、「永代読経」の略です。「末永くお釈迦さまの説かれたお経が読み続けられる」という意味です。

先立って浄土に往生された方々を思い、ご先祖が大事にされてきた仏さまの教えを次世代に伝えていきたいという願いのもとに勤められます。今年の永代経法要のご講師は日英ともにガーディナ仏教会の庵原ジョン先生です。

- ・ 日時・11日12日(日)

午前10時

- ・ 講師・庵原ジョン先生

❖ 永代経法要の日に「幼児仏道入門式」(Tisarana Rites)を予定しています。

❖ 納骨堂へのお参り

納骨堂へのお参りの予約は必要ありません。お寺は毎週火曜がお休みです。『光輪』に記載されているカレンダーをご参照のうえ、お参りください。なお、お寺に到着されたら、オフィス714-827-9590 にご連絡ください。

❖ B C A・ダイアルアップ

日本語法話

電話番号800-817-7918、「2」を押すと日本語法話が聞けます。法話は日本語が話せる開教使の先生方によるものです。どうぞ、お聴聞くださいませ。

婦人会だより



庭の葉が落ち始めてほうきとちりとりを持ち出す頃になると、季節の変化を感じずにはいられません。夏の暑い間、鳥たちに十分な日陰と隠れ家を提供していた緑の葉は、今ではゆっくりと金色や赤の色合いに変わり、間もなくカサカサの枯れ葉の山となるでしょう。十一月が近づくにつれ、私たちは自分の周りのあらゆるものや日常生活において感謝の気持ちを表すことがいかに大切であるかを思い出します。私たちのサンガとボランティアの力強いサポートにより、OC BWA は毎月シニア昼食会のお弁当を作り続け、花祭りやお盆祭りにおいしい料理を用意し、あらゆる世代が楽しめるお祝いの餅つきの雰囲気を作り



続けることができます。どうもありがとうございます！

*十月九日は山崎ベティさんのお誕生日を祝いました。美しい茎のある花とお米の寄付をして下さったベティさんと、素敵な切りバラを下さったメリーさんに感謝します。参加者三十一名は、ニンジンとインゲンのプルコギ、パスタサラダ、ローストカリフラワー、サヤエンドウの炒め物などを盛り込んだおいしいお弁当を楽しみました。たっぷりのケーキと抽選の賞品でランチタイムのお祝いは終わりました。次回、十一月十三日に開催されるシニアランチ会にぜひご参加ください。ソーシャルホールでまたおいしいランチを食べながら誕生日のお祝いをお願いします。

*十月十四日にOCBCに生中継された南加仏教徒大会には二十人のメンバーが出席しました。そのうちの3人はパサデナ仏教寺院にも直接出席しました。MPB 会議室では軽い朝食とリフレッシュメントが提供され、メンバーは親睦、ゲストスピーカーとの交流、そしてその後のおいしいランチを楽しみました。ご参加いただいた皆様、ありがとうございます。

*十一月四日にはおみがき、お寺の大掃除が行われます。

美しい本堂とその周辺の清掃にご協力いただける方は、午前九時までに到着されるようご協力をお願いいたします。ダスターやスイフターをお持ちの場合は、数に限りがある場合がありますのでご持参ください。雑巾は用意してあります。
*一年間、ポップアップストアをご愛顧いただきました皆様、誠にありがとうございます。次回は十一月五日に開催され、今回はソーシャルホールでPK クラフトと一緒に活動します。ぜひお立ち寄りください。おいしいおやつやかわいいストッキングの詰め物が見つかるかもしれません。
*次回のBWAミーティングは十一月十二日午後12時30分、永代経法要と昼食後、ミニチャペルで開催されます。2023年末の大切な行事について話し合いがありますので是非ご参加ください。
*十一月十八日(土)正午より本堂にて毎年恒例の恵心尼様・覚心尼様法要と歴代BWA会員追悼法要を執り行います。チラシに必要事項を記入し、OC BWA宛の二十ドルの小切手を添えて、十一月三日金曜日までにオフィスに送ってください。紋燈色書、念珠をご持参の上、法要後の集合写真の際は紫色の服装でお越しください。

*今年の餅つきは十二月十七日です。当番の詳細は来月に続きます。お重ね・子餅のご購入は十二月三日までにご注文フォームをご覧ください。

婦人会あるいは婦人会のアクティビティに関してのご質問がありましたら、ブラック・リン会長までご連絡ください。
Email: BWA@orangecountybuddhist.orgです。

合掌 中村クリス



ご寄付

(2023年9月17日〜2023年10月15日までに御寄付戴きましたご芳名)

「祥月法要」

「祥月」法要にご寄付戴きました方々のお名前は、英語欄のページをご覧くださいませ。

合計 4,210ドル

「仏教会に特別寄付」

にご寄付ご芳名です。(敬称略)

バグシャウ ダーリーン
ガルシア ジョー・マルシア (2)
ガーデナ仏教会

カワカミ ルース

中平 アン・ロン

中内 スティーブン・リンダ

西村 ロッドニー・マリオン

O C B C A B A

O C B C ボーイスカウト

パック 578

O C B C ダルマ スクール

落合 アラン・キャッシー

ポラード ジェームス・

ヒロハマ ジヤニス

サタキ バーバラ

高木 キャロル・ノボル (2)

トレセダー キヤサリーン

若林 エドウィン・ローリー

合計 2, 450ドル



『お彼岸』法要 (追加分)

「お彼岸」法要にご寄付戴きました
方々のお名前は、英語欄のページを
ご覧くださいませ。

合計 1, 605ドル

「お賽銭」

ご寄付です。(敬称略)

匿名

南加ダルマスクール

ティーチャーズ リーグ

鈴木 ロナルド・きょう子

合計 1, 246ドル



「納骨堂」

にご寄付ご芳名です。(敬称略)

匿名

土網 康子

光林 満子

モリス シリマ

村田 栄

斉藤 俊子

ウオング カレン・レイモンド

合計 650ドル

お葬儀



故木野 スタンレー よしゆき

2023年7月7日往生

故村上 郷平 ハンク

2023年9月20日往生

仏教会一同、心よりお悔やみを申し上げます。

南無阿弥陀仏

合計 1, 100ドル

木野 カレン (2)
村上 美智恵
清水 グレゴリー・リンダ

「仏教会にお礼」

ご寄付ご芳名です。(敬称略)



Community Food Drive

Join us in ending food insecurity in our community!

Help us nourish hope and combat hunger in Orange County! Your donation of food can make a real difference in the lives of low-income residents struggling to put meals on their tables. Together, we can create a stronger, more compassionate community where no one has to go to bed hungry. Join us in the fight against food insecurity, and let's build a brighter future, one meal at a time.

Please drop off donations between:

10/29/23-11/19/23

9 am to 4 pm

Monday –Saturday (no drop off on Tues)

9 am—noon Sundays

Three drop off locations: Hondo, Social Hall and MPB!

Help us collect 600 lbs of food for the OC Food Bank! Consider donating:

- Canned meats low in sodium
- Canned fish in water
- Oatmeal
- Dried Milk
- Canned Soups/stews low in sodium
- Peanut Butter
- Cooking oil
- Pasta
- Pasta sauce
- Quinoa
- Canned fruit in juice
- Canned veggies low sodium
- Rice
- Dried beans/ canned beans
- Honey

Get ready for the Holidays!

OCBC Project Kokoro 's

Craft Boutique

****Sun. Nov. 5th: 9am-1pm****

**Visit our IN-PERSON booth
@ OCBC in the Social Hall**



**Questions? Contact us at:
ocbcprojectkokoro@gmail.com**



YODO NYUMON SHIKI (Ti-Sarana Rites)

Yodo Nyumon Shiki is a service in which the child will solemnly pledge to endeavor to learn and follow the Buddha Dharma to the best of one's ability.

It is service for the children ages nine or ten years of age or older, or when the child becomes part of the temple. At this gathering, **no** Buddhist name (Homyo) is given. A certificate from The Bishop will be presented to verify the child's participation. Each participant will be presented with an *Montoshikisho* from the temple.

The Ti-Sarana Rites will be held in conjunction with the Eitaikyo Service on Nov. 12, 2023.

Please submit your child's application to your Fourth Grade Dharma School Staff or return to the temple office.

APPLICATION DEADLINE IS November 4th, 2023

If there are any questions please contact:

Janet Sakahara: 1102yukis@gmail.com; Dorothy Matsuoka: dcmatsuoka@aol.com

TI-SARANA APPLICATION

STUDENT'S NAME _____

ADDRESS _____

CITY, STATE ZIP _____

AGE _____ DATE OF BIRTH _____

NAMES OF PARENTS OR GUARDIANS: _____

PARENT CONTACT TELEPHONE NO. _____

PARENT'S EMAIL ADDRESS: _____

Application deadline: November 4, 2023

OCBC PICKLEBALL TOURNAMENT FUNDRAISER

NOVEMBER 25-26, 2023

OCBC Gym Indoor Courts
909 South Dale Ave., Anaheim

PRICE: \$45 for one event;
\$70 for two events

REGISTRATION DEADLINE:

November 11th

*Limited to OCBC Members
and Member's Guest*

Scan QR code to register



or via this link: [registration form](#)

ROUND ROBIN

SATURDAY, NOV. 25TH 2023

MEN'S DOUBLES (2.5) - 8:00 AM
MEN'S DOUBLES (3.0) - 10:00 AM
MIXED DOUBLES (2.5) - 12:00 PM
MIXED DOUBLES (3.0) - 2:00 PM
WOMEN'S DOUBLES (2.5) - 4:00 PM
WOMEN'S DOUBLES (3.0) - 6:00 PM

SUNDAY, NOV. 26TH 2023

WOMEN'S DOUBLES (3.5) - 8:00 AM
MEN'S DOUBLES (3.5) - 10:00 AM
MIXED DOUBLES (3.5+) - 12:00 PM
MIXED DOUBLES (3.5) - 2:00 PM
MEN'S DOUBLES (3.5+) - 4:00 PM

**Bracket/Format/Time Changes are determined by tournament coordinators and are subject to change*

Items Available for
Purchase:
OCBC Pickleball T-shirt
Food, Drinks & More

**Proceeds will go towards OCBC's
General and Building Fund**

Questions: Email ocbcpickleball@gmail.com
or contact:

Jeff/Carol 714-401-9779

Ryan at 949-212-6881



MOCHITSUKI

December 17, 2023



Deadline: **Sunday, December 3, 2023**

Please fill out the form and either mail it or drop it off in the OCBC office, along with your payment by December 3, 2023. Phone orders will **not** be taken at the OCBC office. If you have any questions, you may call Jodi at 714-761-4250.

MOCHI PICKUP: at OCBC in the **SOCIAL HALL** on December 17, 2023 from 2:00 PM – 3:00 PM

Make **checks payable** to: **OC BWA**

Mail order form with payment to: OCBC
 Mochitsuki Order
 909 S. Dale Ave.
 Anaheim, CA 92804

OR
 drop it by the OCBC office upstairs in the social hall.

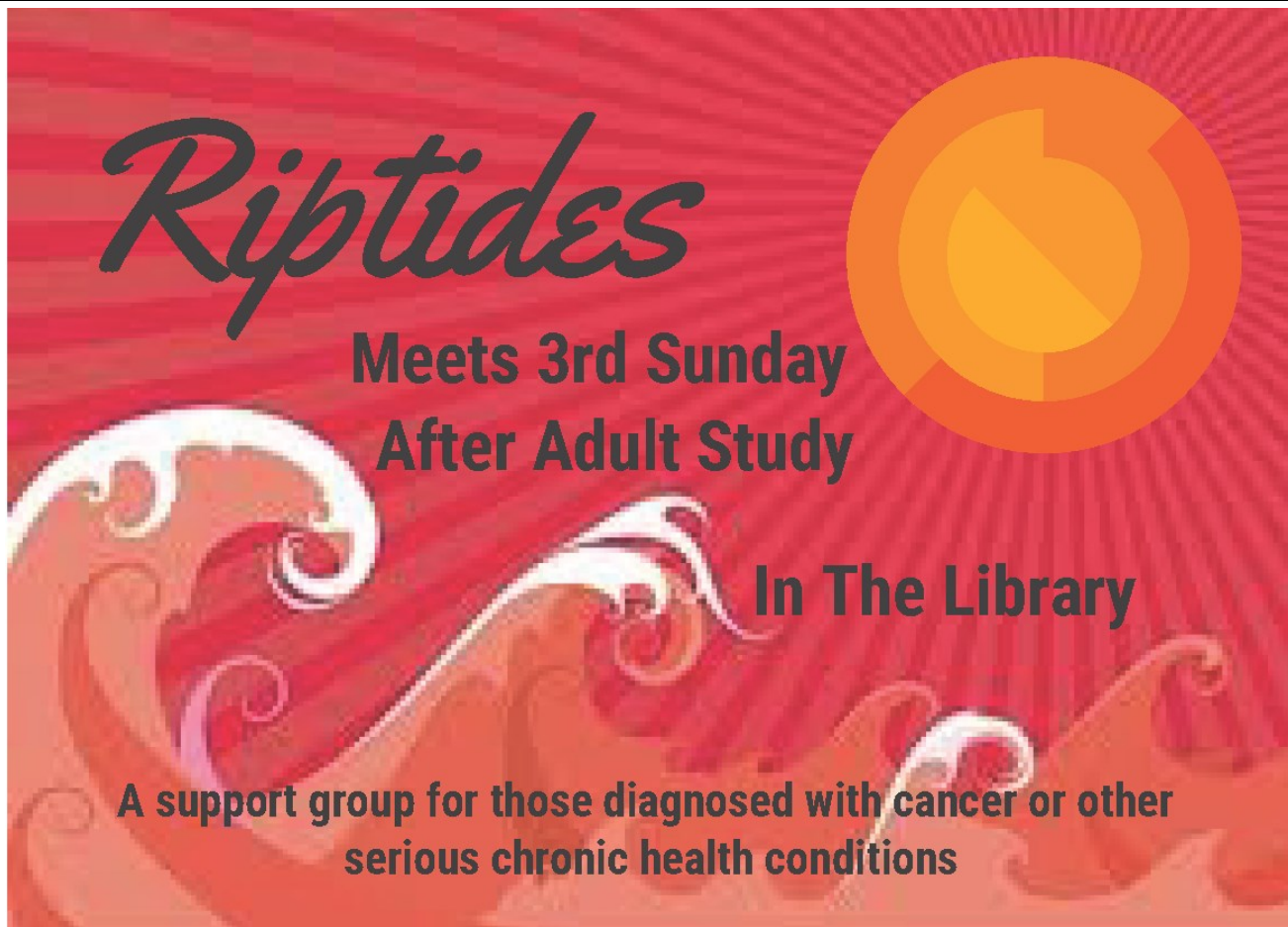
✂✂✂✂✂ Please cut here and include the bottom of this form with your payment: ✂✂✂✂✂

MOCHITSUKI – December 17, 2023

Name: _____ Cell Phone #: _____

Item	Quantity	Each	SubTotal
KO MOCHI (\$7.00 per one pound)		x \$7.00	\$
KASANE (\$7.00 per set)		x \$7.00	\$
Total Amount Due			\$
OFFICE USE ONLY	DATE received:	Check #:	

Mochi Pick-up at OCBC in the social hall on December 17, 2023 2:00 PM – 3:00 PM



Riptides

**Meets 3rd Sunday
After Adult Study**

In The Library

**A support group for those diagnosed with cancer or other
serious chronic health conditions**

You are invited to attend a free screening
of the short film

A Profound Silence

featuring Jodo Shinshu Buddhist voices from the
LGBTQ+ community, family & allies

by Gardena Buddhist Church's Ichi-mi

December 3rd, 2023

1:00 pm

**Orange County Buddhist
Church Social Hall**

909 S Dale Ave, Anaheim 92804



a panel discussion with Q&A will follow

presented by OCBC Social Welfare Committee,
supporting the LGBTQ+ community and its allies

**2024 OCBC ALL SANGHA GENERAL MEETING
(SHINNEN ENKAI - NEW YEAR'S LUNCH PARTY)**



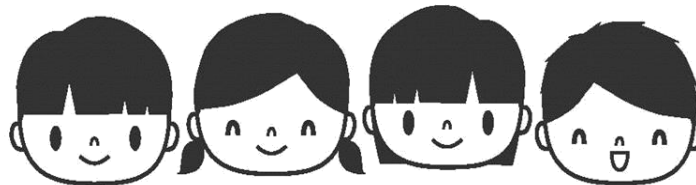
**Save
the
DATE!**

The General Meeting and New Year's celebration is an opportunity for the entire Sangha to gather and participate in our annual General Meeting. After lunch there will be entertainment and time to socialize. Come join the good people of the Sangha for some great food and fun!!!

**2024 SHINNEN ENKAI
@Orange County Buddhist Church
January 13, 2024/12:30 PM Start**



Stay tuned for details



Dharma School Scrip Program

**Support the Dharma
School Scrip
Program!!**

WANTED: RUNNING OR NOT



CARS, VANS, AND TRUCKS

We handle all DMV paperwork! Free pick up! No cost to you!

To expedite your vehicle donation, please fill out and mail this form to OCBC, 909 S. Dale Ave, Anaheim, CA 92804, or e-mail to hello@orangecountybuddhist.org, or call the information into the office at (714) 827-9590. To download the form, go to www.orangecountybuddhist.org. At the top right of the webpage, click on the "Support" tab, scroll down and click the "Vehicle Donation" box. To download the form, click ↓ (download icon) at the top right.

Your donation may be tax deductible. Please consult your tax advisor. Proceeds from your donation will help support community services and activities of Orange County Buddhist Church (OCBC).

Name _____

Your Address/City/Zip _____

Location of Vehicle (if different) _____

Contact Info: Home Ph _____ Cell Ph _____ Email _____

Type of Vehicle: Year _____ Make _____ Model _____

Vehicle Identification # (VIN) _____

Vehicle License # _____ Odometer Reading _____

Do you have the Title, Pink Slip? Yes No Name on Title: _____

Does the vehicle run? Yes No

Comments _____

How did you hear about the program? _____ Today's Date _____

**Thank you for your consideration in making a donation to the
Orange County Buddhist Church Endowment Fund**

Want faster, easier membership? Visit www.orangecountybuddhist.org/membership



2023 OCBC MEMBERSHIP FORM

Please complete the following form to apply for Membership
Note: OCBC Membership is January - December



STEP 1: MEMBERSHIP LEVEL

Single Member/Parent:

- Single Member (Young Adult): 18 to 30 years old \$66
- First-year Single Member: Over 30 years old (and any dependent children, up to 25 yrs. old) \$150
- Sustaining Senior Member: Long time OCBC supporter, 85 years or older \$164
- Sustaining Member: One adult (and any dependent children, up to 25 yrs. old) \$264
- Sustaining Kansha Member: One adult, (and any dependent children, up to 25 yrs. old). \$600
- Special membership opportunity to provide additional financial support to OCBC.

Family:

- First-year Families: Two adults over 30 years old (and any dependent children, up to 25 yrs. old) \$300
- Sustaining Senior: Two adults, Long time OCBC supporters, 85 years or older \$328
- Sustaining Family: Two adults (and any dependent children, up to 25 yrs. old) \$528
- Sustaining Kansha Family: Two adults (and any dependent children, up to 25 yrs. old). \$1200
- Special membership opportunity to provide additional financial support to OCBC.

STEP 2: MEMBER INFORMATION

*Please provide email so that we may email you your receipt

Name _____
 City _____ State _____ Zip _____
 Phone Home: _____ Cell: _____
 Email _____

Address changed Membership changed

Family Membership Information

Spouse Name _____
 Spouse Home: _____ Cell: _____
 Email _____
 Child Name _____
 Child Name _____
 Child Name _____

For Office Use Only:

Received by: _____
 Quick-Book Entry by: _____
 Database Entry by: _____
 BCA Entry by: _____

Emergency Contact

Name: _____ Phone: _____

Date: _____
 Date: _____
 Date: _____
 Date: _____

Regular reminder notices will not be sent to those who pay quarterly

STEP 3: MAIL

Send membership form and check to:
Mark or note on your check:

Quarterly Annually

Orange County Buddhist Church

909 South Dale Avenue
Anaheim, CA 92804

Method of Payment:

Check No. _____ (Make check payable to OCBC)
 Credit card (go to orangecountybuddhist.org)

Want faster, easier membership? Visit www.orangecountybuddhist.org/membership

NOVEMBER 2023 CALENDAR

2023 年 11 月 カレンダー

Calendar Subject to Change! Please check our website. For all **ONLINE** services please log on to www.orangecountybuddhist.org and follow the links.

日 SUN	月 MON	火 TUE	水 WED	木 THU	金 FRI	土 SAT
29 8:30 AM – 瞑想 Mindfulness Service (in person) 10:00 AM – 家族礼拝 Family Service (hybrid) 11:00 AM – Adult Discussion & Dharma School (in person) 2:00 PM - Costume Party	30 6:00 PM - Zoom BEC English Class Rev. Dr. Mutsumi Wondra	31 OFFICE CLOSED	1 9:00 AM – (in person) Project Kokoro Crafts 12:30 PM – (in person) Dana Games/Pickleball 7:00 PM – Zoom Mindfulness Service	2 9:00 AM – (in person) Tai chi Class	3	4 Church Clean Up 4:30 PM – Shotsuki Hoyo Monthly Memorial Service (in person)
5 8:30 AM – 瞑想 Mindfulness Service (in person) 10:00 AM – 家族礼拝 Family Service (hybrid) All Life Forms Memorial Service 11:00 AM – Adult Discussion & Dharma School (in person)	6	7 OFFICE CLOSED	8 9:00 AM – (in person) Project Kokoro Crafts 12:30 PM – (in person) Dana Games/Pickleball 7:00 PM – Zoom Mindfulness Service	9 9:00 AM – (in person) Tai chi Class	10	11 7:00 PM - Zoom BEC Japanese Class Rev. Dr. Mutsumi Wondra
12 No Mindfulness Service 10:00 AM - 家族礼拝 Eitaikyo Service Hybrid (In Person/Online) -Rev. John Iwohara of Gardena Buddhist Church Tisarana Service	13 11:30 AM - Senior Omairi Service @Kodo 12:00 PM - シニヤ昼食会 Senior Lunch/Work Party 6:00 PM - Zoom BEC English Class Rev. Dr. Mutsumi Wondra	14 OFFICE CLOSED	15 9:00 AM – (in person) Project Kokoro Crafts 12:30 PM – (in person) Dana Games/Pickleball 7:00 PM – Zoom Mindfulness Service	16 9:00 AM – (in person) Tai chi Class	17	18
19 8:30 AM – 瞑想 Mindfulness Service (in person) 10:00 AM – 家族礼拝 Family Service (hybrid) 11:00 AM – Adult Discussion & Dharma School (in person)	20	21 OFFICE CLOSED	22 9:00 AM – (in person) Project Kokoro Crafts 12:30 PM – (in person) Dana Games/Pickleball 7:00 PM – Zoom Mindfulness Service	23 OFFICE CLOSED in observance of Thanksgiving	24 OFFICE CLOSED in observance of Thanksgiving	25 7:00 PM - Zoom BEC Japanese Class Rev. Dr. Mutsumi Wondra
26 No Services (Thanksgiving observance)	27 6:00 PM - Zoom BEC English Class Rev. Dr. Mutsumi Wondra	28 OFFICE CLOSED	29 9:00 AM – (in person) Project Kokoro Crafts 12:30 PM – (in person) Dana Games/Pickleball 7:00 PM – Zoom Mindfulness Service	30 9:00 AM – (in person) Tai chi Class	1	2 4:30 PM – Shotsuki Hoyo Monthly Memorial Service (in person)



Zoom Mindfulness Service sign up

Use cell phone camera, focus on the QR code then tap link that appears.